

MAXIMUM WEIGHT FOR HEIGHT SCREENING TABLE
Maximum Weight in Pounds

All applicants must meet the following guidelines. If you do not fall within these guidelines, please contact Sgt. Askew for further instructions.

| Men Maximum Weight (pounds) | Member's Height (Inches) (fractions rounded up to nearest whole inch) | Women Maximum Weight (pounds) |
|-----------------------------------|---|-------------------------------------|
| 97 | 51 | 102 |
| 102 | 52 | 106 |
| 107 | 53 | 110 |
| 112 | 54 | 114 |
| 117 | 55 | 118 |
| 122 | 56 | 123 |
| 127 | 57 | 127 |
| 131 | 58 | 131 |
| 136 | 59 | 136 |
| 141 | 60 | 141 |
| 145 | 61 | 145 |
| 150 | 62 | 149 |
| 155 | 63 | 152 |
| 160 | 64 | 156 |
| 165 | 65 | 160 |
| 170 | 66 | 163 |
| 175 | 67 | 167 |
| 181 | 68 | 170 |
| 186 | 69 | 174 |
| 191 | 70 | 177 |
| 196 | 71 | 181 |
| 201 | 72 | 185 |
| 206 | 73 | 189 |
| 211 | 74 | 194 |
| 216 | 75 | 200 |
| 221 | 76 | 205 |
| 226 | 77 | 211 |
| 231 | 78 | 216 |
| 236 | 79 | 222 |
| 241 | 80 | 227 |
| 246 | 81 | 233 |
| 251 | 82 | 239 |
| 256 | 83 | 245 |
| 261 | 84 | 251 |
| 266 | 85 | 257 |
| 271 | 86 | 263 |

Maximum Allowable Body Fat Percentages

| | Age 17-39 | Age 40-40+ |
|--------|-----------|------------|
| Male | 22% | 23% |
| Female | 33% | 34% |